

# Physical Education

GCSE – EDEXCEL

Subject Leader: Miss Cariss

\*The department offer both BTEC and GCSE where we select the most appropriate course for students to follow to ensure every pupil has the best chance to succeed and reach their potential.

## What's it all about?

Students have a fantastic opportunity to follow the new (9-1) GCSE examination course in physical examination at key stage 4 if they want to further their interest in sport and exercise. Students will follow both theoretical and practical components, which are examined internally and externally.

## Who should take it?

Students who wish to take this course must have a real interest and motivation to further their knowledge in the theoretical aspects of sport coupled with an excellent level of physical ability in a **range** of sports. This is why students **must** be performing at a school and club level. Students who take this course will prefer a traditional testing procedure with frequent end of unit tests a mock examination and a final written examination at the end of the course.

## What will I learn on this course?

- Fitness and Body Systems
- Health and Performance
- Practical Performance
- Personal exercise Plan

## How will I be assessed?

- Written examination: 1 hour and 45 minutes (Fitness and Body Systems) 36% of the qualification, 90 marks
- Written examination: 1 hour and 15 minutes (Health and Performance) 24% of the qualification, 70 marks Practical assessment: internally marked and externally moderated
- 30% of the qualification, 105 marks (35 marks per activity; team, individual, choice)
- PEP assessment: internally marked and externally moderated 10% of the qualification, 20 marks

## Is there anything else I need to know?

- Please note a physical education polo shirt and hooded top with King Charles I crest is available to purchase through the PE Dept.
- For the GCSE PE course it is essential pupils are playing for clubs/teams within and beyond school and it is desirable that they have significant experience/ ability in at least 3 sports due to the complex nature of assessments.
- 5 Lessons per fortnight. (2 lessons of theory, 2 lessons of practical, 1 cross-over lesson)
- 1 written piece of independent study per week (GCSE). Practical homework per week, this is to attend a school based club. Every club is signed for by a member of staff.

## Who can I contact for further information?

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