

# Food preparation and nutrition Revision plan 2017/18

Day	Date	WK	Examinations	Topic/Skill Focus	Assessment	HWK/Revision to be set
<b>January</b> Wednesday	3		Year 11 Mock Exams			
Thursday	4					
Friday	5					
Monday	8	<b>A</b>	Year 11 Mock Exams			
Tuesday	9					
Wednesday	10					
Thursday	11					
Friday	12					
Monday	15	<b>B</b>	Year 11 Mock Exams		NEA 1 and 2 completion 50% of final grade	
Tuesday	16					
Wednesday	17					
Thursday	18					
Friday	19					
Monday	22	<b>A</b>				
Tuesday	23					
Wednesday	24					
Thursday	25					
Friday	26					
Monday	29	<b>B</b>				
Tuesday	30					
Wednesday	31					
<b>February</b> Thursday	1		Y11 mock results day			
Friday	2					
Monday	5	<b>A</b>				
Tuesday	6		Y11 Stepping up day			
Wednesday	7					
Thursday	8					
Friday	9					

Monday	12	<b>B</b>					
Tuesday	13						
Wednesday	14						
Thursday	15						
Friday	16						
<b>Half term holiday Monday 19<sup>th</sup>- Friday 23<sup>rd</sup> February</b>							
Monday	26	<b>A-2</b>			Quizzing Hwk questions	Pages 46-47 from exam practise book	
Tuesday	27			Food commodities- carbs,			
Wednesday	28			Food commodities- fruit and veg, dairy			
<b>March</b> Thursday	1						
Friday	2						
Monday	5	<b>B-3</b>			Quizzing Past exam questions on topics covered Hwk questions	Pages 12-13 from exam practise book  Evidence of self quizzing macro/ micronutrients	
Tuesday	6			Macronutrients			
Wednesday	7			Micronutrients			
Thursday	8						
Friday	9						
Monday	12	<b>A-2</b>	Y11 testing week		Quizzing DP – long answer exam questions Hwk questions	Own revision- prep for mock exam paper- must provide evidence of revision.	
Tuesday	13			GCSE PE practical exam			Food commodities- meat proteins, veg proteins
Wednesday	14			GCSE PE practical exam			Food commodities- fats, oils, sugars Food fortification and modification
Thursday	15			Y11 dance exam (13:20-15:20)			
Friday	16						
Monday	19	<b>B-3</b>			Past mock paper	Pages 18-22 from exam practise book	
Tuesday	20			Energy requirements of individuals Life stages Specific dietary needs Individual lifestyles			
Wednesday	21			Mini Mock paper- Review of mock paper			
Thursday	22						
Friday	23						

Monday	26	<b>A-2</b>			Quizzing Hwk questions	Pg 14-17 from exam practise book
Tuesday	27			Planning balanced diets Healthy eating guidelines Health issues related to diet		
Wednesday	28			Calculating energy and nutrition in meals		
Thursday	29					
<b>Easter holiday Friday 30<sup>th</sup> March-Friday 13<sup>th</sup> April</b>						
<b>April</b> Monday	2	<b>Easter Revision Sessions</b>				
Tuesday	3					
Wednesday	4					
Monday	16	<b>B-3</b>			Quizzing DP – long answer exam questions Hwk questions	Pg 33-36 from exam practise book
Tuesday	17			Food spoilage- preservation Storage Labelling Influences of marketing		
Wednesday	18			Food spoilage Bacteria Food poisoning/ food hygiene and safety		
Thursday	19		Y11 Reports			
Friday	20					
Monday	23	<b>A-2</b>			Past exam questions from hwk Quizzing	Pages 28-30 from exam practise book
Tuesday	24			Food provenance- primary and secondary processing Food manufacturing		
Wednesday	25			Food science Changing properties Raising agents Use of micro organisms		
Thursday	26					
Friday	27					
Monday	30	<b>B-3</b>			Mini mock Quizzing	Pages 37-39 from exam practise booklet
<b>May</b> Tuesday	1			Food preparation and cooking techniques Cooking methods		
Wednesday	2			Past paper questions- mini mock		

				Review of mini mock	Hwk questions		
Thursday	3						
Friday	4						
Monday	7			<b>May Day</b>			
Tuesday	8	<b>A-2</b>		Food and the environment Waste Food miles Carbon footprint GM foods Global production	Quizzing  Hwk questions	Pages 43-44 from exam practise booklet	
Wednesday	9			Factors affecting food choice Cultural, religious and moral choices Sensory testing			
Thursday	10						
Friday	11						
Monday	14	<b>B-3</b>	Y11 Summer exams		Quizzing  Hwk questions	Pages 50-53 from exam practise booklet	
Tuesday	15						Developing recipes and meals
Wednesday	16						General revision- focusing on identified weak areas identified from quizzing and practise exam questions.
Thursday	17						
Friday	18						
Monday	21	<b>A-2</b>	Y11 Summer exams		Quizzing  Hwk questions	Own revision in prep for the final exam	
Tuesday	22						General revision – exam prep
Wednesday	23						Last lesson- general revision final prep for exam
Thursday	24						
Friday	25						<b>Thursday 14<sup>th</sup> June afternoon session 1hr 45mins</b>
<b>Half term Monday 28<sup>th</sup> May – Friday 1<sup>st</sup> June</b>							