

# Sport

## BTEC – Level 3 EDEXCEL

### Extended Certificate

Course Leader: Miss Cariss

#### What's it all about?

The BTEC extended certificate in sport is the equivalent to one A Level qualification. The course is equally demanding as an A Level subject due to the volume and diversity of work required. Student's marks will gradually build up to achieve a pass, merit, distinction or distinction star by the end of the course. It is a varied based course involving elements of examination, coursework and controlled assessment. Assignments have been designed to allow for a number of assessment methods including video diaries, pod casts, presentations, reports and some essay writing. The BTEC in sport will give learners a solid foundation in the sports & activities sector, enabling students to develop essential skills required for gaining employment, securing career progression or progressing to further qualifications and training.

#### What are the entry requirements?

9-4 in GCSE physical education and/or distinction\*, distinction or merit in level 2 BTEC sport AND 9-4 in GCSE trilogy combined science or one of GCSE biology, chemistry or physics. If students wish to experience a vocational and varied approach to learning more about some of the theoretical and practical aspects in physical education and sport, this may be a suitable course to pursue.

#### What will I learn on this course?

##### Module 1- Anatomy and Physiology (12G0GLH)

Written exam; set and marked by the exam board.

##### Module 2- Fitness Training and Programming for Health, Sport and Wellbeing (120GH)

External task; set and marked by the exam board.

##### Module 3- Sporting industry (60GLH)

Assignment based; set and marked internally.

##### Module 4- Leadership in Sport (60GLH)

Assignment based; set and marked internally.

#### How will I be assessed?

The externally set task will be a 2 hour (60 mark) controlled assessment piece, where students will interpret lifestyle factors and health screening data in order to create and justify a fitness training programme. The written examination is a 90 minute (90 mark) written exam on anatomy and physiology. The paper will contain short and long answer questions which will assess the learners understanding of anatomy and physiology and how the different systems of the body can affect sports performance.

The assignment based tasks comprise of a series of assessment tasks that will be carried out, creating evidence to support a work related scenario. This course is based on a pass, merit, distinction and distinction star criteria.

#### What do your current students say?

This is a great course for me, as I want to be a PE teacher after university. We have had lots of experience in lessons, planning and teaching the year 7 students. I also did really well in my written exams; as long as you work hard, you will get the grades!

## **Is there anything else I need to know?**

### **Career Opportunities**

Taking this course can lead to a number of career opportunities in the world of sport. The leisure industry, higher education, sports development, management coaching and teaching.

### **Kit**

Students must purchase a physical education polo top if they wish to do this course and they also have the opportunity to purchase a hooded top but this is optional. This must be worn with navy tracksuit bottoms or shorts.

### **Trips**

If there are any appropriate trips available to enhance the course, then we try our best to access them.

### **Practical Expectations**

It is expected that you will be involved in sport outside of school and have a keen interest in fitness.

## **Who can I contact for further information?**

Subject leader for sport, [tcariss@kingcharles1.worcs.sch.uk](mailto:tcariss@kingcharles1.worcs.sch.uk)