

LUNCH MENU WEEK 1



Lunch Item	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Chef's Choice</i>	Organic Pork Meatballs in Tomato Sauce	Golden Crumbed Fish Fillet	Roast Chicken with Stuffing & Gravy	Bacon & Tomato Pasta Bake with Cheese Topping	Pizza Selection with Various Toppings
<i>On the Go...</i>	Chinese Chicken Noodles Ciabatta Pizza Beef Tacos	Chicken Brochettes & Wedges Quesadillas Chicken Epic	TFC Box Meal Hot Dog with Topper Fish Finger Bap	Beef Burger Wedges & Beans Chicken Fajita Filled Naan Bread	Fish, Chips & Beans Cheese Burger Calzone

LUNCH MENU WEEK 2

Lunch Item	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Chef's Choice</i>	Oven Baked Fish Fillet	Oven Baked Pork Sausages	Roast Chicken with Stuffing & Gravy	Traditional Beef Lasagne	Mediterranean Chicken
<i>On the Go...</i>	TChicken Kofta's & Herby Diced Potatoes Filled Naan Sausage Roll	TFC Box Meal Calzone Chicken Epic	Sausage, Wedges & Beans Beef Burger Panini Selection	Sausage, Wedges & Beans Beef Burger Panini Selection	Southern Fried Chicken Chips & Corn on the Cob Steak Slice Shawarmer

LUNCH MENU WEEK 3

Lunch Item	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Chef's Choice</i>	Gammon Steak with Griddled Pineapple	Chicken Torino	Roast Beef & Yorkshire Pudding	Butcher's Fresh Pork Sausages	Fish Fillet, Chips Beans or Peas
<i>On the Go...</i>	Chicken Brochettes & Diced Potatoes Hot Dog Garlic Ciabatta Pizza	Popcorn Chicken Wedges & BBQ Sauce Cheese Burger Meatball Sub	Battered Fish Chips & Peas BBQ Chicken Filled Naan Sausage Roll	Chicken Kofta on Savoury Naan Calzone Posh Dog	Pizza Selection with Various Toppings Enchiladas Chicken Epic

MENU

Mid-Morning Break

Toast 20p
Hash Brown 30p
Crumpet 40p
Waffle 80p
Half Toastie 80p
Half Bagel 80p
Potato Pot 90p

Lunch

Chef's Special £2.00
Chef's Special &
Freshly-made Cake £2.30
Build a Meal £2.00
Build a Meal &
Freshly-made Cake £2.30

Sandwiches £1.40
Baguettes £1.80
Salad Pots £1.00 / £1.60
Ready-made Salads £1.80
Pasta Pots £1.60

Fruit 40p
Fruit Pots 40p - 90p
Cakes 60p - £1.20
Popcorn £1.00

Bacon Bap £1.00
Sausage Roll £1.00
Pizza £1.00
Garlic Bread £1.10
Pizzini £1.20
Sausage & Bean Wrap £1.30
Cheesy Garlic Bread £1.50
Bacon & Cheese
Flatbread £1.50

Grab and Go

Burger £1.80
Cheese Burger £1.80
Hotdog £1.80
Meatball Sub £1.80
Chicken Epic £2.00
Panini £1.80
Hot Chicken Wrap £1.80
Ciabatta Pizza £1.80
TFC Tray £2.20

Drinks

Water 60p
Milkshake 70p
Radnor Fizz 80p
Flavoured Water 90p
Heartsease £1.20